

## TERMS OF USE

*The legal framework for the AdaptivMVMT digital platform.*

Effective Date: June 1, 2026

**THE GROUND RULES: This website is an educational resource, not a digital clinic. Engaging with our content, downloading our frameworks, or booking a discovery call does not replace a professional medical evaluation. The following terms govern your use of the AdaptivMVMT platform.**

### 1. CONTENT & PURPOSE

---

All content on this website — including text, images, videos, graphics, performance frameworks, and educational materials — is provided strictly for informational and educational purposes only. Nothing on this site constitutes formal medical advice, diagnosis, or treatment.

Reliance on any information provided on this website is solely at your own risk. Always seek the advice of a qualified, licensed healthcare professional before beginning any new exercise, rehabilitation, or treatment program.

### 2. CLINICAL & LEGAL BOUNDARIES

---

#### No Doctor-Patient Relationship

Use of this website, submission of contact forms, newsletter sign-ups, or scheduling and participating in a 15-minute Performance Strategy Call (Discovery Call) does not establish a doctor-patient relationship or any clinical relationship with Dr. Michael Yip, PT, DPT, or AdaptivMVMT Physical Therapy & Performance, Inc.

A formal clinical relationship is established only after: (1) an in-person physical therapy evaluation is completed at the Practice's facility, and (2) all required intake, consent, and legal documentation has been signed by both parties.

#### Performance Strategy Call (Discovery Call)

The complimentary 15-minute Performance Strategy Call is strictly for informational and routing purposes to determine whether the AdaptivMVMT performance methodology aligns with your goals. These calls:

- Do not include medical evaluation, diagnosis, or treatment of any kind
- Do not establish a provider-patient relationship of any kind
- Do not constitute physical therapy as defined by the California Physical Therapy Practice Act (B&P Code §§ 2600–2699.5)
- Are conducted by a California-licensed PT in an informational capacity only

#### No Guarantee of Outcomes

Nothing on this website, in any content, or in any consultation constitutes a guarantee of clinical, fitness, or performance outcomes. Individual results vary based on a wide range of personal factors outside the Practice's control.

### 3. PLATFORM OPERATIONS

---

#### Intellectual Property

All content, branding, methodologies, frameworks, and materials on this website are the exclusive intellectual property of AdaptivMVMT Physical Therapy & Performance, Inc.. This includes but is not limited to: the RAMP Method framework, written content, images, videos, graphics, and any proprietary training systems described on this site.

Content may not be copied, reproduced, distributed, transmitted, publicly displayed, published, or otherwise exploited without prior written consent from AdaptivMVMT. Unauthorized use may subject you to civil and criminal liability.

#### External Links

This website may contain links to third-party websites or resources for your convenience. AdaptivMVMT does not endorse and is not responsible for the content, accuracy, privacy practices, or availability of any third-party sites. Accessing third-party links is entirely at your own risk.

#### Modifications to Terms

We reserve the right to update or modify these Terms of Use at any time to reflect changes in our practice, services, or legal requirements. When changes are made, the Effective Date at the top of this page will be updated. Your continued use of this website after any such changes constitutes your acceptance of the updated Terms. We encourage you to review this page periodically.

### 4. WEB ACCESSIBILITY

---

#### Our Commitment to Accessibility

AdaptivMVMT Physical Therapy & Performance, Inc. is committed to ensuring that this website is accessible to individuals with disabilities. We strive to conform to the Web Content Accessibility Guidelines (WCAG) 2.1 Level AA standards, as referenced under the Americans with Disabilities Act (ADA), the California Unruh Civil Rights Act, and related California accessibility requirements.

We are actively working to improve the accessibility of our digital content. If you experience any difficulty accessing any portion of this website, or if you require content in an alternative format, please contact us so we can assist you and address the issue promptly:

**Accessibility Contact Email:** michael@adaptivmvm.com

**Phone:** (626) 475-9308

We welcome your feedback on the accessibility of our website. Reports of accessibility barriers help us improve the experience for all users.

## 5. PRIVACY & DATA

---

Your use of this website is also governed by our Privacy Policy and, for patients receiving clinical care, our Notice of Privacy Practices. These documents describe how we collect, use, and protect information you provide through this website and through our patient intake process.

- **Privacy Policy:** Governs website visitor data, contact form submissions, analytics, and marketing communications. Available at [www.adaptivmvt.com/privacy-policy](http://www.adaptivmvt.com/privacy-policy).
- **Notice of Privacy Practices:** Governs Protected Health Information (PHI) for patients, as required by HIPAA and California's CMIA. Available at [www.adaptivmvt.com/notice-of-privacy-practices](http://www.adaptivmvt.com/notice-of-privacy-practices).

## 6. LIABILITY & JURISDICTION

---

### Limitation of Liability

To the fullest extent permitted by applicable law, AdaptivMVMPT Physical Therapy & Performance, Inc. and Dr. Michael Yip, PT, DPT shall not be liable for any direct, indirect, incidental, special, consequential, or punitive damages resulting from: (1) your use of, or inability to use, this website or its educational content; (2) any errors or omissions in the content; (3) unauthorized access to or alteration of your data; or (4) any third-party content or conduct on this website.

This limitation applies regardless of the theory of liability (contract, tort, negligence, or otherwise) and even if AdaptivMVMPT has been advised of the possibility of such damages.

### Disclaimer of Warranties

This website and its content are provided on an "as is" and "as available" basis without warranties of any kind, either express or implied, including but not limited to implied warranties of merchantability, fitness for a particular purpose, or non-infringement. AdaptivMVMPT does not warrant that the website will be uninterrupted, error-free, or free of viruses or other harmful components.

### Governing Law & Jurisdiction

These Terms of Use are governed by and construed in accordance with the laws of the State of California, without regard to its conflict of law principles. Any legal action or proceeding arising out of or relating to these Terms shall be brought exclusively in the state or federal courts located in Los Angeles County, California. You consent to personal jurisdiction in those courts.

### Severability

If any provision of these Terms of Use is found to be unlawful, void, or unenforceable, that provision shall be deemed severable from the remaining provisions and shall not affect the validity and enforceability of the remaining provisions.

### Entire Agreement

These Terms of Use, together with the Privacy Policy and Notice of Privacy Practices, constitute the entire agreement between you and AdaptivMVMPT regarding your use of this website and supersede all prior or contemporaneous communications and proposals, whether oral or written.

## 7. CONTACT

---

If you have questions about these Terms of Use, our digital practices, accessibility concerns, or any other matter, please contact us:

**Practice:** AdaptivMVMT Physical Therapy & Performance, Inc.

**Address:** 101 S Chapel Ave, Unit 101, Alhambra, CA 91801

**Email:** michael@adaptivmvt.com

**Phone:** (626) 475-9308

**Website:** www.adaptivmvt.com

**Dr. Michael Yip, PT, DPT — CA PT License:** PT #301293